

# How Do Fruits and Vegetables Grow?



Age  
Umri  
3+



Papayas and avocados grow on trees,  
Way too high to be reached by little me.



Tomatoes grow on floppy vines,  
So sweet and juicy like this one of mine.



Pumpkins and watermelons lie on the ground,  
So heavy! They weigh so many pounds.



Spinach sprouts green leaves in long, neat rows,  
Eating lots of them helps us grow.

We love spinach



Oranges grow with help from the sun.  
Picking and eating them is so much fun.



Lemons grow like oranges, but their branches are prickly,  
So trying to pick them can be rather tricky!



Bananas grow in a bunch and are sooooo sweet.  
Once they turn yellow, they are ready to eat.



Pineapples grow alone, and never in pairs,  
With green leaves on top that look like funky hair.



Carrots and potatoes grow underground,  
Hiding from animals all around.



Peppers, both orange and red, are fiery hot,  
So animals won't want to eat them a lot.





Peanuts lie next to each other in a pod,  
In numbers that are both even and odd.



Eat wonderful fruits and vegetables all day long.



Nature has made them to make us healthy and strong!



# THE END

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